

June 2022, Menu

752-2545 Menu subject to change without notice		1 Chicken Burrito Bowl * Carrots Fresh Fruit	2 Salisbury Steak Garlic Mashed potato Beets Gingerbread w/cream	3 BBQ Kielbasa Rice Pilaf Green Beans Fresh Fruit
6 Hummus Crusted Chicken w/vegetables Brown rice w/peas Peaches	7 Butternut Squash Chili ** Mixed Vegetable Fresh Fruit	8 BBQ Pulled Pork Sandwich Chickpea salad (warm) Vanilla Pudding w/fruit	9 Beef Stir Fry over Brown Rice Sauteed cabbage Apple Crisp	10 Chinese Pie Green beans Fresh Fruit
13 Ham Spanish Rice Peas & Onions Applesauce	14 Black bean burger w/lettuce & Tomato Herbed Potato Salad** Broccoli salad Fresh Fruit	15 Bruschetta Chicken Breast Quinoa w/mushrooms Mixed Vegetable Yogurt Parfait	16 Salmon Sweet baked Potato Green Beans Strawberry Shortcake	17 BBQ Beef Rice and Beans Brussel sprouts Tropical Fruit
20 Beef Stroganoff w/ Noodles Broccoli Pineapple	21 Baked Fish w/ritz topping Mashed Sweet Potato Green Beans Fresh Fruit	22 Chicken Salad plate w/ carrot salad Lettuce & tomato Pickles Jello w/fruit	23 Roast Pork w/gravy Mashed Potato Mixed Vegetable Lemon blueberry cheesecake	24 Chicken pot pie Zucchini Fresh Fruit
27 Chicken Patty Brown rice w/stewed tomatoes Normandy blend Pudding	28 Cold Grain bowl w/ Chicken, tomato, lettuce, Quinoa & Red beans Fresh Fruit	29 American Chop Suey Brussel sprouts Chocolate mousse	30 Fish Sweet potato crisscross fries Cauliflower ribbon Jello cake	Your Suggested Donation \$3.00 per meal is Greatly appreciated

