

**September 2021, Menu**

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| **Your Donation of $3.00 per meal****Is greatly appreciated** |  | 1Beef & pepper stir fry w/Brown riceSauteed cabbageCrisp | 2Roasted ChickenMashed PotatoPeas & CarrotsStrawberry shortcake | 3Broccoli Cheese Quiche3 bean saladSausage linkApplesauce |
| 6Prospect will be closed Monday for Labor Day. — Prospect  | 7 Spaghetti w/meatballsItalian style veg Fresh fruit | 8Maple glazed chickenFried riceMixed vegetableJell-O w/fruit | 9Mushroom Swiss burgerMashed PotatoHarvard BeetsBread Pudding | 10Tuna CasseroleCarrotsPeaches |
| 13Chicken parmesan w/ spaghettiBrussel sproutsMixed Fruit | 14Corn ChowderTuna Salad roll3 bean saladFresh Fruit | 15Hamburg stew w/biscuitGreen BeansRice Pudding | 16Grilled Hawaiian Bowl w/Pork & RiceStir fried vegetablePineapple upside down cake | 17Lemon Garlic chickenPotato wedgesMixed vegetable Mousse |
| 20Stuffed tilapiaRice PilafBroccoliPeaches | 21Stuffed cabbage casseroleNormandy blend veg.Fresh Fruit | 22Hearty Vegetable SoupHam Salad RollCole SlawDessert | 23Roast Beef w/gravyMashed potatoGreen BeansLemon ambrosia | 24Chicken pot pieVegetableMixed Fruit |
| 27Cheese pizzaTossed SaladDiced pears | 28Chicken Cordon Bleu Casserole Green beansFresh Fruit  | 29Baked Fish au gratinGarlic mashed potatoCole slawChocolate pudding | 30Roast Pork w/gravyMashed PotatoCarrotsCookie |  Menu subject to change without notice**752-2545** |