

**September 2021, Menu**

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| **Your Donation of $3.00 per meal**  **Is greatly appreciated** |  | 1  Beef & pepper stir fry w/Brown rice  Sauteed cabbage  Crisp | 2  Roasted Chicken  Mashed Potato  Peas & Carrots  Strawberry shortcake | 3  Broccoli Cheese Quiche  3 bean salad  Sausage link  Applesauce |
| 6  Prospect will be closed Monday for Labor Day. — Prospect | 7  Spaghetti w/meatballs  Italian style veg  Fresh fruit | 8  Maple glazed chicken  Fried rice  Mixed vegetable  Jell-O w/fruit | 9  Mushroom Swiss burger  Mashed Potato  Harvard Beets  Bread Pudding | 10  Tuna Casserole  Carrots  Peaches |
| 13  Chicken parmesan w/ spaghetti  Brussel sprouts  Mixed Fruit | 14  Corn Chowder  Tuna Salad roll  3 bean salad  Fresh Fruit | 15  Hamburg stew w/biscuit  Green Beans  Rice Pudding | 16  Grilled Hawaiian Bowl w/Pork & Rice  Stir fried vegetable  Pineapple upside down cake | 17  Lemon Garlic chicken  Potato wedges  Mixed vegetable  Mousse |
| 20  Stuffed tilapia  Rice Pilaf  Broccoli  Peaches | 21  Stuffed cabbage casserole  Normandy blend veg.  Fresh Fruit | 22  Hearty Vegetable Soup  Ham Salad Roll  Cole Slaw  Dessert | 23  Roast Beef w/gravy  Mashed potato  Green Beans  Lemon ambrosia | 24  Chicken pot pie  Vegetable  Mixed Fruit |
| 27  Cheese pizza  Tossed Salad  Diced pears | 28  Chicken Cordon Bleu Casserole  Green beans  Fresh Fruit | 29  Baked Fish au gratin  Garlic mashed potato  Cole slaw  Chocolate pudding | 30  Roast Pork w/gravy  Mashed Potato  Carrots  Cookie | Menu subject to change without notice  **752-2545** |